



▶ ANRUNE LIEBENBERG

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About me

- ▶ You are not disabled by your disability but able by your abilities – that is my life philosophy in every single thing I do in life. God gave me a talent and I am using it.

Goals

- ▶ Para-Olympics 2012 and bring back 3 gold medals in the 100m, 200m and 400m.
- ▶ 2011 – World champs for disabled already qualified.
- ▶ To be a role model for young kids.

Personal best

- ▶ 1500m - 4min39 2006
- ▶ 800m - 2min14 2010
- ▶ 400m - 57 sec 2010
- ▶ 200m - 26,20s 2010

Achievements

- ▶ **2010**
- ▶ **SA for physical disabled 2010**
- ▶ **3 Gold medals 100m, 200m, 400m**
- ▶ **3 SA records**
- ▶ **2 @ world qualifying b standard**
- ▶ **1 @ world qualifying a standard**
- ▶ **SA national schools 3rd place 800m 2min14**